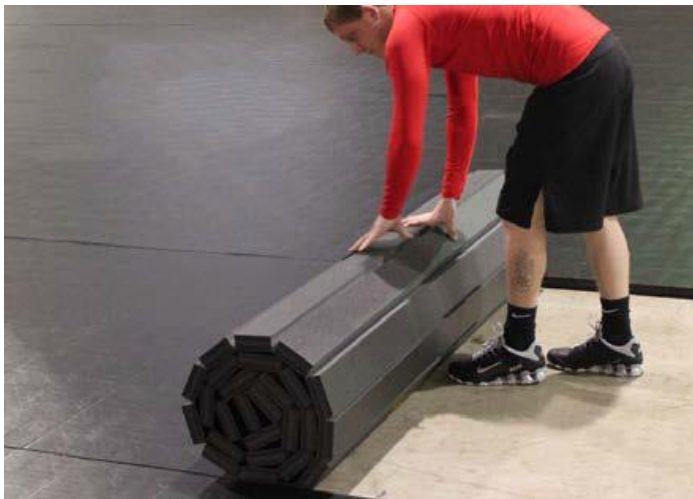


Home Martial Arts Flexi-Roll Mats Home Wrestling Flexi-Roll Mats Installation

1. Take care in removing packaging from each roll. Using a sharp object such as a utility knife can damage mat if it cuts through packaging material. Once the outer packaging has been carefully removed from each roll, the mats should be placed on their side.
2. Unfasten the nylon straps around the mat. Store nylon straps for future use. DO NOT discard.



3. Unroll the mats so that the vinyl side is now facing up. Notice the way the mats are rolled, vinyl side facing in. This is how the mats should be rolled for storage and transport.



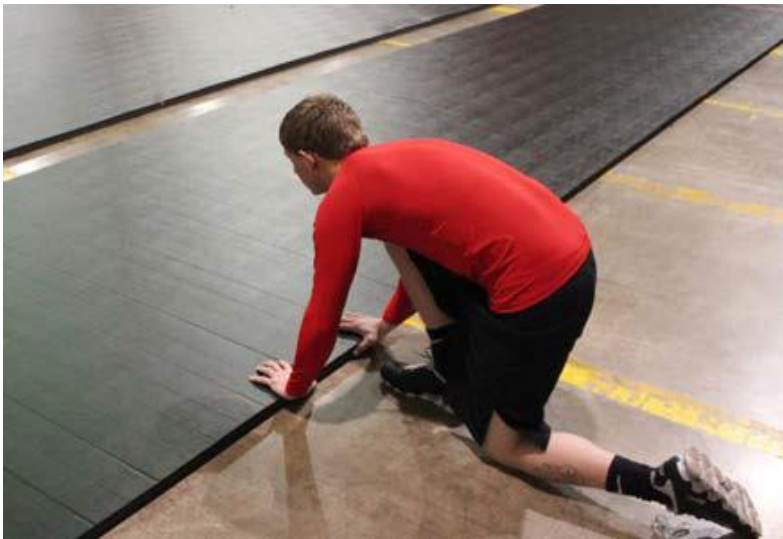
Home Martial Arts Flexi-Roll Mats

Home Wrestling Flexi-Roll Mats Installation – continued

4. Once all of the rolls have been rolled out, push them together to form one large mat surface. DO NOT kick the edge of the rolls to position them.



5. Always grab the edge of the roll with your hands and push it into place slowly to avoid damaging the edges of the mat.



6. After the individual rolls have been lined up side by side, eliminating any gaps, center the mat tape over each seam and secure it firmly to the vinyl. Use the supplied scraper to remove any air bubbles in the tape ensuring a good bond.

Home Martial Arts Flexi-Roll Mats

Home Wrestling Flexi-Roll Mats Installation – continued



Storage Guidelines:

1. Remove all tape. Roll the mats back up, vinyl side in. Begin rolling by folding one section over to form a triangle. Make sure to keep the mat tight.



2. Keep the edges square. Avoid coning of the roll by moving slowly as the mat is rolled.



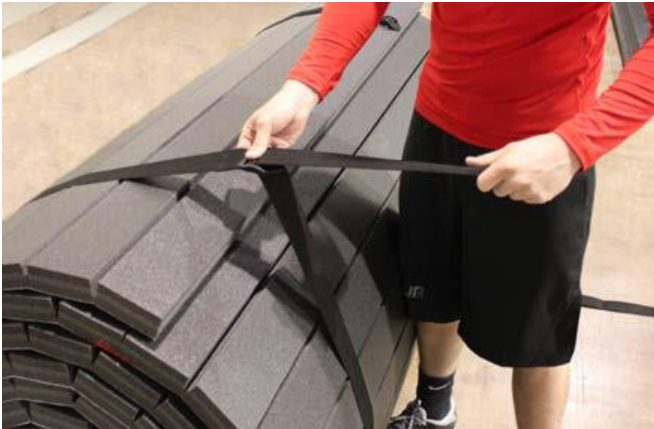
Home Martial Arts Flexi-Roll Mats

Home Wrestling Flexi-Roll Mats Installation – continued

3. Affix 2 nylon straps approximately 18 inches from the edges of the mat. Roll the mat until it is in the middle of the straps.



4. You can now secure the straps around the mat. If rolling to a storage area, turn the roll so that you continue rolling the same direction the FLEXI-Roll was rolled up.



5. If coning does occur, stand the mat up on end. Make sure the straps are secured before standing the mat on end.



Home Martial Arts Flexi-Roll Mats

Home Wrestling Flexi-Roll Mats Installation – continued

6. Shake the mat gently back and forth until its edges line up.



Care and Handling Guidelines:

Please read all instructions carefully and follow all handling guidelines for proper setup, removal and storage. Please contact your sales representative or Customer Service if you have any questions.

1. If rolling a strapped mat to a storage area, turn the mat so that you continue rolling the same direction the Flexi-Roll was rolled up.



2. A two-wheeled dolly is an easy way to transport rolls.
3. Temperature warning: Unlike conventional mats, the Flexi-Roll does require a minimal temperature acclimatization period after transport or storage. Once the mat is shipped or taken out of storage, it is immediately ready for assembly in an open area. When fitting to a custom area, allow 2 hours for the mat to relax before cutting to size. The rolls should be used only after they have reached room temperature. Flexi-Connect mats are recommended for indoor use only and exposure to direct sunlight could damage the mat and void the warranty.

Safety Tips:

We urge you to carefully read and consider the product safety warning section that follows. It is included to increase your awareness of the precautions that must be enforced in your gymnasium or sports facility to

Home Martial Arts Flexi-Roll Mats

Home Wrestling Flexi-Roll Mats Installation – continued

reduce the possibility of injury. Any activity involving motion, height, speed, rotation, and/or physical contact creates the possibility of serious injury, including paralysis and even death from landing or falling on the neck, head, back or other parts of the body. This mat DOES NOT eliminate this hazard. Users assume a risk of serious injury in using this product. Users should strictly adhere to the following guidelines at all times:

1. Use this mat ONLY with proper training and under the supervision of a qualified instructor. Use of this mat without proper supervision, proper training, proper spotting equipment and/or trained spotters can be DANGEROUS and SHOULD NOT be undertaken or permitted.
2. Always allow enough space to properly and safely perform the chosen maneuvers.
3. Perform all maneuvers so as to avoid contact with instructors, bystanders, or other users, and to avoid going outside the perimeter of this mat.
4. Inspect the mat prior to and after any use. Inspect the mat for damage, defects or wears, including tears and flattening of the energy absorbing materials. Additionally mat protection may vary according to room temperature and age. Damaged products should be repaired or replaced immediately. If in doubt, do not use this product.
5. Mats can move during use. Before each use always check the mat for proper positioning and ensure mat is safely secured together. Read the owner manual before initial use.
6. Under no circumstances should this mat be used as a landing mat.
7. Know your own limitations and the limitations of this product. Follow progressive learning techniques and always consult an instructor.
8. Frequently clean mats using approved cleaning products or other disinfectants to prevent skin infections. DO NOT USE BLEACH as it will cause harm and void warranty.

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