



Green Hill GmbH

Friedrich-Vorwerk-Straße 4
D-21255 Tostedt
Tel: 04182-80 696-0
Fax: 04182-80 696-19
info@greenhill-gmbh.de
www.greenhill-gmbh.de

Overall recommendation:

- Ensure that all judoka come to practise with a good personal hygiene, a clean judogi and no walking around off the mat surface with bare feet.
- Being able to properly disinfect the mat area and keep it clean will not only extend its life, but it will also protect the judoka from skin diseases caused by bacterium, fungi, viruses, etc.

Cleaning procedure:

- First remove any excess dirt in the structure of the vinyl surface, such as dust, hair and other particles with a soft-bristled broom. Also staining due to substances such as ballpoint pen ink, lipstick, newsprint, hairdressings and foodstuff colourings can be minimized by immediately cleaning.
- Mats can be cleaned regularly with a traditional mop or a soft cloth dipped in bucket with warm water and a mild soap. Then rinse with cold water and dry with a soft cloth.
- Make sure the mat dries completely after having disinfected it. This is very important because as the mat dries, all the germs will be killed.
- It is unacceptable to use a mop head or cloth that has not been properly cleaned after being previously used.
- Ventilate your mats regularly and clean underneath the mats as well.
- Contact with an excessive amount of liquid may damage the tatami, may cause mildew to form and possibly affecting the judoka's' health. Also avoid wetness getting down between the mats to the floor below, especially when using a wooden floor underneath.

Do not use:

- Aerosol spray polishes, wax polishes
- Strong detergents, solvent cleaners or patent chemical cleaners
- The use of these substances can result in the hardening and tearing of the material surface.
- The use of sweepers is suitable for cleaning of indoor sports floors as linoleum, but not for the vinyl surface of a tatami.
- Don't use vapour steam cleaning systems. If the vinyl is warmed up to 150 – 160°F the glue becomes soft and the vinyl separates from the foam interior.